



National Soccer Coaches Association of Canada

List of clinics and workshops:

1	Systems of Play (3-5-2) (4-4-2) (4-3-3)
2	Goalkeeping techniques
3	Finishing in and around the penalty box
4	Playing from the back
5	Roles of the defenders in a flat-four
6	Systems of play (attacking)
7	Systems of play (defending)
8	Pre-season fitness program
9	Nutrition for soccer players
10	Treating and preventing injuries.
11	Coaching the 6-9 years old players
12	Coaching the 10 - 12 years old players
13	Attacking on the flanks
14	Playing with 3 at the back

Location of Workshop

The location is determined and arranged by the individual, group, or organization requesting the workshop.

Duration of Workshop

The length of the workshop can vary from a 2 hours evening session to a full day classroom and field coaching clinic.

Cost of Workshop

Whenever possible, NSCAC will conduct workshops at no cost to the club or organization. If guest coaches and clinicians are engaged by NSCAC to present a particular session, a minimum cost of \$40.00/hour plus traveling expenses will be charged to the organizing club or organization.

For additional information contact:

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Visit our web site at www.nscac.com

15	Coaching the female soccer player
16	How to Make Practices Fun & Interesting

Please select a session from the list provided or suggest a different session(s) that could be more beneficial to your club.